

Skills & Needs Pods Map Instructions

As part of a network and this community, we each have unique gifts and resources to share, as well as needs. The <u>SRE Network Rings</u> help unlock those exchanges in a focused, respectful way.

This Pods Map worksheet will help you think through and capture the names of the people you will connect with today, as well as their different skills and needs. This map should work for you, so feel free to get creative.

- In **the box at the top**, write your name and the date that you will check back in on this Pods Map as a way to remind yourself to follow up with these connections.
- On the line in the middle of the bolded circles, list your central topic or challenge that you are seeking support with. If you aren't sure yet, you can leave that line blank or use it for another purpose.
- Inside of **the bold-outlined circles in the center**, write the names of the people that you are in relationship with around a core challenge or idea.
- On the 3 lines outside of each of the bolded, central circles, write skills, strengths, growth areas, qualities, notes, etc. for each person.
- In **the larger circles** at the edge of the page, write down the names of networks, communities or groups that could be resources for you and this particular challenge/issue area.